

## Congregate Meals, Big Stone Gap

Age Requirements

56-60

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60+

Available 24/7

No

Other Eligibility Criteria

Citizens age 60 and older

Intake Contact Email

info@meoc.org

Intake Process

Walk-ins and telephone referrals accepted

Self Refer

Yes

Mountain Empire Older Citizens, Inc. (MEOC)

<http://www.meoc.org>

<https://www.facebook.com/mountainempireoldercitizens/>

<https://twitter.com/VAMEOC>

Main

(276) 523-4202

Toll-Free

(800) 252-6362

Trinity United Methodist Church

203 East 1st Street South

24219 VA

United States

Fee Structure

Suggested Donation

Languages Spoken

English

Trinity United Methodist Church provides congregational nutrition sites which serve a nutritious, hot, noontime meal. Each site offers a variety of activities, exercise, health education, health screenings, music and storytelling, quilting and crafts. Current events and other topics of interest to older citizens are an important part of the program. These sites operate as part of Mountain Empire Older Citizen's (MEOC) Wellness Is Now (WIN) initiative. Most WIN Centers also provide community group respite service during regular hours of operation.

The meal site is open on Fridays from 9:30AM until 1:30PM at Big Stone Gap Methodist Church.

Service Area(s)

Wise County

Email

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