

# **Behavioral Health and Psychological Assessment**

Age Requirements

No Age Requirement

Available 24/7

No

Documents Required

Call for details

Family

No

Intake Process

Call for an assessment.

Intake Contact Telephone

(757) 872-8303

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Medical Assistance Services (DMAS)

Qualification Type

Licensure

Qualification Entity

Virginia Department of Health Professions

Qualification Number

0810001348

Report Problems

Call the Agency

Self Refer

Yes

Behavioral Medicine Institute

Main

(757) 872-8303

802 Lockwood Drive Suite B  
23602 VA  
United States

Monday: 8:00 am-5:00 pm  
Tuesday: 8:00 am-5:00 pm  
Wednesday: 8:00 am-5:00 pm  
Thursday: 8:00 am-5:00 pm  
Friday: 8:00 am-5:00 pm  
Saturday: Closed  
Sunday: Closed

Fee Structure

Call for Information

Payment Method(s)

Private Pay

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Private Insurance

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Medicaid

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Medicare

Languages Spoken

English

Clinicians at the Behavioral Medicine Institute (BMI) specialize in treating chronic pain (headaches, back pain, etc), anxiety disorders, as well as chronic medical conditions and disabilities. Cognitive-behavioral therapy and self-regulatory techniques such as hypnosis and biofeedback are used. Clinicians also provide traditional psychological and psychiatric assessment and treatment services. Medication management is also available for patients of all ages.

Service Area(s)

Hampton City

,

Newport News City

,

Poquoson City

,

York County