

# Psychologist

Age Requirements

18 and over

Available 24/7

No

Other Eligibility Criteria

None specified

Family

No

Intake Contact

Julia McLaughlin

Intake Contact Email

gardencottage@verizon.net

Intake Process

Initial telephone interview, then initial in-person session to establish shared goals. (804) 684-1957 is the second phone number. Online therapy may be available.

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Board of Psychology

Qualification Number

810000826

Report Problems

Call the Agency

Self Refer

Yes

Garden Cottage Counseling

[http://therapists.psychologytoday.com/rms/name/Garden+Cottage+Counseling\\_Richmo...](http://therapists.psychologytoday.com/rms/name/Garden+Cottage+Counseling_Richmo...)

Main

(804) 264-3047

Phone Emergency

(804) 928-2397

8203 Fredonia Road  
23227 VA  
United States

Monday: 9:00 am-7:00 pm

Tuesday: 9:00 am-7:00 pm

Wednesday: 9:00 am-7:00 pm

Thursday: 9:00 am-7:00 pm

Friday: 9:00 am-7:00 pm

Saturday: 9:00 am-12:00 pm

Sunday: Closed

Fee Structure

Fee Range

Payment Method(s)

Credit / Debit

,

Private Pay

Languages Spoken

English

Garden Cottage Counseling offers therapy and counseling in areas of relationships, women's and men's issues, parenting, education, careers, life stage adjustments, medical or physical difficulties and other challenges. Provides individual, couple, family and group services.

Offers holistic approach with emphasis on body-mind-spirit interactions in the context of family and community resources. Functional and social assessments are provided, together with checks for depression and anxiety. Provides counseling to geriatric persons and others coping with physical illness.

Issues covered can include depression, anxiety, employment, attention deficit, relationship, life management, coaching for success, thought problems, personality issues, substance use, parenting, and medical or physical changes.

Service Area(s)

Chesterfield County

,

Goochland County

,

Hanover County

,

Henrico County

,

Powhatan County

,

Richmond City