

## Fitness Center

Age Requirements

18 and over

Available 24/7

No

Family

No

Intake Contact Email

wolfgangsgym@comcast.net

Intake Process

Visit the website or facebook, call for information

Report Problems

Other

Self Refer

Yes

Wolf Gangs' Gym and Fitness Center

<http://www.wolfgangsgym.net/>

<http://www.wolfgangsgym.net/services/>

<https://www.facebook.com/wolfgangsgym>

Main

(804) 276-0405

3517 Courthouse Road

23236 VA

United States

Additional Availability Comments

Monday - Friday 7:30 am - 8:30 pm, Saturday 7 am - 1 pm, Sunday 8 am - 2 pm, 24

access card for members

Fee Structure

Membership Fee

Payment Method(s)

Private Pay

Languages Spoken

English

Wolfgang's Gym offers weight training, boot camp classes, cardio training, personal training and nutrition consultation.

Amenities include individual shower stalls, free towels, free daily lockers, unsupervised children's lounge, massage and tanning facilities.

Contracts are for one year and can be canceled for moving. Members cannot freeze memberships.

Free days for public are offered throughout the year.

Wolf Gangs' Gym also offers Silver Sneakers and a variety of insurance wellness incentives.

Call for more information.

Service Area(s)

Chesterfield County

,

Colonial Heights City

,

Henrico County

,

Powhatan County

,

Richmond City

Email

[wolfgangsgym92@gmail.com](mailto:wolfgangsgym92@gmail.com)