

## Counseling, Active-duty Service Members, Spouses and Families

Age Requirements

No Age Requirement

Available 24/7

No

Other Eligibility Criteria

Must be active duty military or dependents of active duty military or retired military.

Family

No

Intake Process

Telephone referrals and walk-ins accepted. Visit the website for information.

Intake Contact Telephone

(800) 372-5463

Provider Refer

No

Report Problems

Call the Agency

Self Refer

Yes

Fleet and Family Support Center, Northwest Annex

<https://www.nsnbg.com/editorial-content/fleet-family-support-center/>

<https://www.facebook.com/FFSCNSAHAMPTONROADS/>

Main

(757) 421-8770

Toll-Free

(800) 372-5463

NSA Hampton Roads Northwest Annex

4504 Relay Road, Building 374

23322-4102 VA

United States

Monday: 8:00 am-4:00 pm

Tuesday: 8:00 am-4:00 pm

Wednesday: 8:00 am-4:00 pm

Thursday: 8:00 am-4:00 pm

Friday: 8:00 am-4:00 pm

Saturday: Closed

Sunday: Closed

Languages Spoken

English

Fleet and Family Support Centers (FFSC) NW Annex provides short-term, counseling and crisis intervention for active duty service members and their spouses. In addition to individual, marital, and child counseling, FFSC provides several counseling support groups and classes. At FFSC, each of our counselors holds a master's or doctoral degree in Social Work, Counseling, Marriage and Family Therapy, or Psychology. They are all fully qualified, credentialed, and know how to help you.

Service Area(s)

Chesapeake City

,

Franklin City

,

Hampton City

,

Isle of Wight County

,

James City County

,

Newport News City

,

Norfolk City

,

Poquoson City

,

Portsmouth City

,

Suffolk City

,

Virginia Beach City

,

Williamsburg City

,

York County