

## Counseling Services for Military

### Age Requirements

18 and over

Available 24/7

No

### Other Eligibility Criteria

Active duty service members and their spouses.

### Family

No

### Intake Process

Telephone referral; walk-ins accepted

### Self Refer

Yes

Navy Family Service Center, Little Creek

### Main

(757) 462-7563

### Toll-Free

(800) 372-5463

### NAB Little Creek

1450 D Street

23521 VA

United States

### Fee Structure

### Call for Information

### Languages Spoken

English

Fleet and Family Support Centers (FFSC) provide short-term, counseling and crisis intervention for active duty service members and their spouses.

In addition to individual and marital counseling, FFSC provides several counseling

support groups and classes. At FFSC, each of our counselors holds a masters or doctoral degree in Social Work, Counseling, Marriage and Family Therapy, or Psychology.

Support groups may be available, as well as emergency counseling or crises counseling. Our counselors also provide command consultations and crisis debriefs.

Service Area(s)

Hampton City

,

Norfolk City