## Insurance Counseling, Virginia Insurance Counseling Assistance Program (VICAP)

Age Requirements 60 +Available 24/7 No Other Eligibility Criteria Must be a resident of Virginia and 60 years or older, or disabled Intake Process Telephone referral; walk-ins accepted **Bay Aging** http://www.bayaging.org Main (804) 758-2386 5306 Old Virginia Street, PO Box 610 23175 VA United States

Languages Spoken English

Spanish

Virginia Insurance Counseling and Assistance Program (VICAP) is a free counseling program for individuals age 60 and older and their families. VICAP helps them to understand Medicare, Medicaid and medical bills. Assistance in deciding about Medicare Supplement Insurance or Medigap and/or Long Term Care insurance is also provided. Counseling can be provided by telephone or in person.

Counselors are trained and state certified. VICAP will maintain records for clients on an on-going basis.

The service area includes Accomack, Essex, Gloucester, James City, King & Queen, King William, Lancaster, Mathews, Middlesex, Northampton, Northumberland, Richmond, Westmoreland and York Counties, Hampton, Newport News, Poquoson and Williamsburg.

{Languages: brochures are offered in Spanish}

Service Area(s) Accomack County

Essex County

**Gloucester County** 

Hampton City

James City County

King William County

King and Queen County

Lancaster County

Mathews County

Middlesex County

Newport News City

Northampton County

Northumberland County

Poquoson City

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Richmond County

Westmoreland County

, Williamsburg City

, York County