

## Alzheimer's Adult Day Health Care

Age Requirements

18 and over

Available 24/7

No

Family

No

Intake Contact

Jennifer Denk

Intake Contact Email

Jennifer.denk@insightmcc.org

Intake Process

Please call for more information and visit the website. Medical evaluation is required.

Intake Contact Telephone

(703) 204-4664

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Social Services

Report Problems

Call the Agency

Residency Requirements

No residency requirement

Self Refer

Yes

Insight Memory Care Center

<http://www.insightmcc.org/>

<https://www.insightmcc.org/programs/programs.html>

<https://www.facebook.com/InsightMCC/>

Main

(703) 204-4664

3953 Pender Drive, Suite 100  
22030 VA  
United States

Monday: 7:30 am-5:30 pm

Tuesday: 7:30 am-5:30 pm

Wednesday: 7:30 am-5:30 pm

Thursday: 7:30 am-5:30 pm

Friday: 7:30 am-5:30 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

The Center is open Monday through Friday 7:30 AM until 5:30 PM.

Fee Structure

Fee Range

Payment Method(s)

Private Pay

,  
Private Insurance

Languages Spoken

English

Insight Memory Care Center provides adult day care and supervision of people with middle to late-stage dementia diseases, such as Alzheimer's disease. Offers activities, meals, snacks, and assistance with personal care. The capacity is 60. Can accommodate non-ambulatory individuals.

All activities are simplified and appropriately paced for people with dementia. Exercise sessions are fun, and lively and promote flexibility, balance, and coordination. Small and larger group activities include physical, and mind exercises, music, creative arts, van outings, and intergenerational programs.

The staffing ratio is 1 staff person to every 3 to 4 participants. Staff nurses monitor

health care needs and work with families and physicians to identify conditions that require medical attention.

Languages: Some materials are available in Spanish.

Service Area(s)

Alexandria City

,

Arlington County

,

Fairfax City

,

Fairfax County

,

Falls Church City

Email

[imcc@insightmcc.org](mailto:imcc@insightmcc.org)