Companion Care

Age Requirements 56-60 , 60 +Available 24/7 No Family No Intake Contact Russell Lanning **Intake Process** Call the Office Provider Refer No **Report Problems** Call the Agency Self Refer Yes Hand 'n Heart, Virginia Beach https://handnheart.org/ https://handnheart.org/senior-care-companion/ Main (757) 490-1223

900 Commonwealth Place, Suite 100

23464 VA United States

Monday: 8:30 am-4:30 pm Tuesday: 8:30 am-4:30 pm Wednesday: 8:30 am-4:30 pm Thursday: 8:30 am-4:30 pm Friday: 8:30 am-4:30 pm Saturday: Closed Sunday: Closed Fee Structure Fee Range Payment Method(s) Private Pay Languages Spoken English

Hand 'n Heart provides companion care at home. Companion care includes help with laundry, meal planning and preparation, grocery shopping, errands, socialization, accompanying to appointments, and more.

Please call the office for information.

Service Area(s) Chesapeake City

Norfolk City

,

Portsmouth City

Suffolk City

, Virginia Beach City