

# Wellness Program at Woodbridge Senior Center

## Age Requirements

56-60

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60+

Available 24/7

No

## Other Eligibility Criteria

Manassas, Manassas Park, Prince William County residents. Ages 60 and over.

## Family

No

## Intake Process

Call the office

Provider Refer

Yes

Self Refer

Yes

Prince William Area Agency on Aging

<http://www.pwcgov.org/government/dept/aaa/Pages/default.aspx>

## Main

(703) 792-5081

TTY/TTD

(703) 792-6444

13850 Church Hill Drive

22191 VA

United States

## Fee Structure

Call for Information

Languages Spoken

English

Woodbridge Senior Center offers a variety of special programs related to health and wellness are offered regularly. Seminars on health, weight management, and living

well as you age are just some of the educational presentations. One-on-one health consultations with our public health nurse can also be scheduled. Health screenings and immunizations are regularly scheduled.

[Visit the Monthly Newsletter](#) for information about activities and programs.

Service Area(s)

Manassas City

,

Manassas Park City

,

Prince William County

Email

[pwaaa@pwcgov.org](mailto:pwaaa@pwcgov.org)