

## Psychologist and Life Coaching, Woodbridge

Age Requirements

0-5

,

6-12

,

13-21

,

22-55

,

56-60

,

60+

Available 24/7

No

Family

No

Intake Process

Call for appointment

Qualifications

Qualification Type

Licensure

Qualification Entity

Department of Health Professionals

Qualification Number

810001576

Self Refer

Yes

Psychological and Life Skills Associates, PC

<http://www.psychlife.net/>

Main

(703) 490-0336

13885 Hedgewood Drive, # 245

22193 VA

United States

Fee Structure

Call for Information

Payment Method(s)

Private Pay

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Medicare

,

Private Insurance

Languages Spoken

English

Therapy services offered by child, adolescent and adult Clinical Psychologist. Offers experience working with individuals from childhood through post-retirement years. Some of the staff are trained in a variety of mind-body techniques including 1) Eye Movement Desensitization and Reprocessing (EMDR) for trauma; 2) Bio-Feedback for stress and anxiety; and 3) Imagery techniques for relaxation, insight, pain management, mental conditioning and healing.

Other services available are life coaching and mind-body psychotherapy.

Service Area(s)

Fairfax City

,

Fairfax County

,

Manassas City

,

Manassas Park City

,

Prince William County