Physical Fitness for Persons with Intellectual Disabilities, Northern Virginia

Age Requirements

No Age Requirement

Available 24/7

No

Other Eligibility Criteria

State of Virginia residents, ages 8 and over, with intellectual or developmental disability

Intake Process

Phone, Walk-in

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Special Olympics Virginia

https://www.specialolympicsva.org/

https://novasova.org/

https://www.facebook.com/SpecialOlympicsVirginia

Main

(703) 359-4301 x3

Toll-Free

(800) 526-6131

11350 Random Hills Road, Suite C-140

22030 VA

United States

Monday: 9:00 am-5:00 pm

Tuesday: 9:00 am-5:00 pm

Wednesday: 9:00 am-5:00 pm

Thursday: 9:00 am-5:00 pm

Friday: 9:00 am-5:00 pm

Saturday: Closed
Sunday: Closed
Fee Structure
No Fee
Languages Spoken
English

Special Olympics provides year-round sports training and athletic competition in a variety of Olympic-type sports for all children and adults with cognitive delay, developmental disabilities, or intellectual disabilities. Participation in sports gives the athletics continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in the sharing of gifts, skills, and friendship with their families, other Special Olympics athletes, and the community. Special Olympics Virginia, Northern Virginia is known as Area 26 and is accredited by Special Olympics Virginia.

Sports include Alpine skiing, aquatics, basketball, bowling, cheerleading, cross country skiing, cycling, ice skating, golf, gymnastics, powerlifting, soccer, sailing, softball, tennis, track, and field.

All prospective athletes must register to participate in Special Olympics. There is no cost to participate in Special Olympics. The [Special Olympics](#) and registration procedures may be viewed online.

Service Area(s)
Alexandria City

,

Arlington County

,

Fairfax City

,

Fairfax County

,

Falls Church City

,

Loudoun County

,

Prince William County

Email

info@specialolympicsva.org