## **Physical Fitness**

Age Requirements No Age Requirement Available 24/7 No Other Eligibility Criteria Prince William County residents and visitors Family No **Intake Process** Phone **Provider Refer** Yes Self Refer Yes Prince William County Parks and Recreation http://www.pwcgov.org/government/dept/park/Pages/default.aspx Main (703) 792-7060 TTY/TTD (703) 791-4068 14420 Bristow Road 20112 VA **United States** Additional Availability Comments Call for hours Fee Structure Fixed Fee Languages Spoken English , Spanish ,

Sign Language

Prince William County Parks and Recreation offers classes for all ages and groups (mentally and/or physically disabled, senior citizens, etc.). Activities include swimming, wellness, fitness, arts and crafts, aerobics, martial arts, dance, sports clinics, the performing arts and organized team sports.

Chinn Aquatics & Fitness Center houses the Aquatics Center which includes hot tubs, dry saunas, heated pool and more.

Sharron Baucom Dale City Recreation Center offers wellness programs and fitness classes for all ages.

English, Spanish (Monday-Friday 9AM-5PM), American Sign Language with advance notice

Service Area(s) Prince William County