

Anorexia Nervosa Education and Helpline

Age Requirements

13-21

,

18 and over

Available 24/7

No

Other Eligibility Criteria

No residency requirement.

Family

No

Intake Contact Email

hello@anad.org.

Intake Process

Visit the website; call

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

National Association of Anorexia Nervosa and Associated Disorders

<https://anad.org/>

<https://anad.org/get-help/request-a-recovery-mentor/>

<https://www.facebook.com/ANADHelp>

twitter.com/anadhelp

Main

(630) 577-1333

Phone Emergency

(630) 577-1330

750 E Diehl Road #127

60563 IL

United States

Additional Availability Comments

Central Time

Fee Structure

No Fee

Languages Spoken

English

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Spanish

National Association of Anorexia Nervosa and Associated Disorders (ANAD) distributes information about eating disorders to health professionals and interested people to inform them on the various aspects of eating disorders. Libraries, schools, universities and other institutions use ANAD as a resource center. Thousands of talks, workshops, and seminars on understanding and preventing eating disorders are made each year by ANAD group leaders, trained volunteers, and staff.

ANAD's referral list includes over 2,000 therapists, hospitals, and clinics in the U.S., Canada and several other countries which treat eating disorders Offers some information in Spanish.

Helpline - 888-375-7767- is open Central Time, Monday through Friday from 9 am-5 pm. Staff can help you find the treatment to fit your needs.

Service Area(s)

Nationwide

Email

hello@anad.org