

## Outpatient Therapy

Age Requirements

No Age Requirement

Available 24/7

No

Documents Required

Call for details

Family

Yes

Intake Contact Email

psycclin@gmu.edu

Intake Process

Call for appointment

Intake Contact Telephone

(703) 993-1370

Report Problems

Call the Agency

Self Refer

Yes

Center for Psychological Services, George Mason University

<https://psyclinic.gmu.edu>

<https://psyclinic.gmu.edu/services/therapy>

Main

(703) 993-1370

10340 Democracy Lane, Suite 202

22030 VA

United States

Monday: 9:00 am-8:30 pm

Tuesday: 9:00 am-8:30 pm

Wednesday: 9:00 am-8:30 pm

Thursday: 9:00 am-8:30 pm

Friday: 9:00 am-4:00 pm

Saturday: 9:00 am-4:00 pm

Sunday: Closed

## Additional Availability Comments

### Fee Structure

Sliding Scale Fee

### Payment Method(s)

Cash or Check

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Credit / Debit

### Languages Spoken

English

The George Mason University (GMU) Center for Psychological Services is an outpatient mental health center where services are provided by graduate students under supervision. The Center offers individual, couple, family and group therapy.

Clinicians treat a wide variety of concerns including, but are not limited to:

- Depression,
- Anxiety,
- Behavioral issues,
- Attention problems,
- School problems,
- Relationship and family problems,
- Parenting difficulties,
- Trauma and stress-related difficulties,
- Eating and sleeping problems,
- Adjustment problems including medical issues,
- Bereavement.

The Center also provides intensive, brief therapy for specific phobias such as fear of animals and insects, needles, pill swallowing, heights, enclosed spaces, flying, etc.

### Service Area(s)

Alexandria City

,

Arlington County

,

Fairfax City

,

Fairfax County

,

Falls Church City

,

Fauquier County

,

Loudoun County

,

Manassas City

,

Manassas Park City

,

Prince William County

Email

[psycclin@gmu.edu](mailto:psycclin@gmu.edu)