## Senior Meal Program at Langston-Brown Senior Center

Age Requirements 60+ Available 24/7 No Other Eligibility Criteria No residency requirement; Ages 55 and over Family No **Intake Process** Meal offered. Call to see if reservation is necessary Self Refer Yes Arlington County Department of Parks and Recreation http://parks.arlingtonva.us/ https://parks.arlingtonva.us/locations/langston-brown-community-center-park/ Main (703) 228-5210 TTY/TTD (703) 228-4743 2121 N. Culpeper Street 22207 VA **United States** Fee Structure Call for Information Payment Method(s) Private Pay Languages Spoken

Spanish

English

Under the auspices of the Older Americans Act, Title III, nutritious meals are provided to individuals age 60 and over in three of our Senior Centers. Other services included are nutrition screening, assessment and education and counseling as appropriate, along with participation in daily fitness, recreational and social activities, and programs promoting health and wellness. There are also opportunities to participate through volunteerism.

For information regarding the Arlington's 55+ and Arlington's Senior programs, please call 703-228-4747, option 3.

Service Area(s) Arlington County