Fitness

Age Requirements 18 and over Available 24/7 Yes Family Yes Intake Contact **Brad Beaton Intake Process** Call for class information and hours; complete the membership application. Visit the website for information. Provider Refer Yes **Report Problems** Call the Agency Self Refer Yes Gold's Gym Richmond, The Fan https://www.goldsgym.com/richmondfanva/ https://www.goldsgym.com/richmondfanva/fitness-experience/ https://www.facebook.com/goldsgymthefan/ Main (804) 249-4653 8 South Harvie Street 23220 VA **United States** Additional Availability Comments Open 24 hours 7 days a week Fee Structure Membership Fee Payment Method(s) Private Pay Languages Spoken

English

Gold's Gym offers exercise programs for all ages and fitness levels. The gym offers state-of-the-art amenities, a variety of classes tailored to your fitness needs, and personal trainers. Browse the weekly class schedules for group workouts ranging from martial arts-inspired.

At the gym, you can find Cardio Equipment, Group Exercise, Personal Training Sauna/Steam Room, Body Studio, Functional Training, Nutrition Counseling, and Free Weights.

Please call for more information.

Service Area(s) Chesterfield County

Henrico County

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Richmond City Email ggthefan@goldsgymrichmond.com