

Support Group, Mental Health

Age Requirements

0-5

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6-12

,

13-21

,

22-55

,

56-60

,

60+

Available 24/7

No

Other Eligibility Criteria

Ages 18 and over (No children)

Family

No

Intake Contact

Will Gallik

Intake Process

Call for exact procedure

Self Refer

No

On Our Own

<http://www.onourowncville.org/>

Main

(434) 979-2440

123 4th Street NW

22902 VA

United States

Fee Structure

No Fee

Languages Spoken

English

Peer provided support group services to mental health consumers in the Charlottesville area. Providing a safe intentional environment for persons with mental illness who may be homeless and/or addicted.

Stand alone group sessions are offered throughout the week with skilled peer facilitators.

Goal's group, writing group, anger management, recovery art, recovery through music, time management, relationship development, addiction, and book club are some of the areas of focus.

Works collaboratively with Region Ten CSB in outreach to homeless persons through PATH project-CARE management services for persons with mental illness Salvation Army, and peer helpers from On our Own. Support groups peer are available. Call for day, time and location.

Service Area(s)

Albemarle County

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Charlottesville City