

## Fitness and Wellness Center

Age Requirements

No Age Requirement

Available 24/7

No

Intake Contact Email

tbc.fitness@faithdiamond.org

Intake Process

Call or visit for services and information.

Trinity Faith Diamond

<https://www.faithdiamond.org>

<https://faithdiamond.wixsite.com/faithdiamond/ministries>

Main

(757) 485-9824

1023 Deep Creek Blvd

23323 VA

United States

Additional Availability Comments

Service times are Sunday at 11 am and Wednesday at 7 pm.

Fee Structure

No Fee

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Suggested Donation

Languages Spoken

English

Faith Diamond Fitness and Wellness Center: Our mission is to promote divine physical, mental and spiritual well-being. Our desire is that you prosper from within a healthy temple. A healthy temple provides nourishment to the spirit, soul, and body.

Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth. 3 John 1:2

The Fitness and Wellness Ministry has a variety of options onsite including a multi-level fitness center, gymnasium, lockers, and showers. They also have certified physical trainers to assist you with any fitness and wellness goals you may have.

Service Area(s)

Chesapeake City