## **Companionship & Personal Care**

Age Requirements No Age Requirement Available 24/7 No Family No Self Refer Yes Home Instead Senior Care, New River Valley http://www.homeinstead.com/633/default.aspx Main (540) 260-3160

125 Arrowhead Trail, Set A 24073 VA United States

Additional Availability Comments Hours depend on the services needed. Fee Structure Call for Information Payment Method(s) Private Pay Languages Spoken English

Home Instead Senior care offers personal and companion care in the home.

Companionship Services include: conversation; Monitor diet and eating; Check food expiration; Assist with evening and tuck-in; Aid with morning and wake-up; Arrange appointments; Provide medication reminders; Aid with reading; Assist with walking; Write letters and correspondence; Organize mail; Stimulate mental awareness; Assist with entertaining and much more.

Personal care services include assistance with activities of daily living: eating, grooming, dressing, bathing, incontinence, cognitive impairment, mobility and medication reminders.

Respite care is also available.

Service Area(s) Montgomery County