

## Congregate Meals, Winchester Senior Center

Age Requirements

60+

Available 24/7

No

Other Eligibility Criteria

Senior citizens

Family

No

Intake Contact

Tina Landis

Intake Contact Email

[winchestersc@seniorsfirst.info](mailto:winchestersc@seniorsfirst.info)

Intake Process

Call or drop by.

Provider Refer

Yes

Self Refer

Yes

Seniors First, The Shenandoah Area Agency on Aging

<https://seniorsfirst.info/>

Main

(540) 662-5433

Winchester Parks and Recreation

1001 East Cork Street

22601 VA

United States

Monday: 9:30 am-1:00 pm

Tuesday: 9:30 am-1:00 pm

Wednesday: 9:30 am-1:00 pm

Thursday: 9:30 am-1:00 pm

Friday: Closed

Saturday: Closed

Sunday: Closed

Fee Structure

Call for Information

Languages Spoken

English

The City of Winchester Senior Center offers congregate meals served four days a week, Tuesday, Wednesday, Thursday and Friday. In some cases, transportation will be provided to and from the Senior Center. The Senior Center provides nutritious meals and fellowship, programs including health screenings, nutritional education, musical programs, information available community programs for the elderly, programs on fraud and elderly abuse, and other issues of interest to seniors.

Service Area(s)

Winchester City

Email

[info@seniorsfirst.info](mailto:info@seniorsfirst.info)