## **OUR House**

Age Requirements 18 and over Available 24/7

No

**Documents Required** 

Call for details

Other Eligibility Criteria

Serves adults with lifelong persistent and severe behavioral health issues that place them at risk of homelessness, psychiatric crisis and psychiatric hospitalization. Program participants must be receiving services from other CMCSB programs.

Family

No

Intake Contact Email

info@cmcsb.com

**Intake Process** 

Call for an assessment.

Intake Contact Telephone

(276) 964-6702

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Behavioral Health and Developmental Services

Qualification Number

093

Report Problems

Call the Agency

Residency Requirements

Serves residents of Buchanan, Russell and Tazewell Counties.

Self Refer

Yes

Cumberland Mountain Community Services Board

https://www.cmcsb.com

http://cmcsb.com/mentalhealth.html

Main

(276) 935-7489

Toll-Free

(800) 286-0586

Phone Emergency

(276) 964-6702

TTY/TTD

(800) 347-4939

**Upper Mill Branch** 

24614 VA

**United States** 

Monday: 8:30 am-4:30 pm Tuesday: 8:30 am-4:30 pm Wednesday: 8:30 am-4:30 pm Thursday: 8:30 am-4:30 pm

Friday: 8:30 am-4:30 pm

Saturday: Closed Sunday: Closed

Additional Availability Comments

Crisis services are available 24 hours per day, every day.

Fee Structure Sliding Scale Fee

Call for Information Languages Spoken English

At Cumberland Mountain Community Services Board, OUR House Mental Health Psychosocial Rehabilitation Services (PSR) provides a safe and structured environment for individuals with a severe and persistent behavioral health issues. Individuals engage in socialization activities and participate in meaningful work opportunities in order to enhance quality of life and promote recovery and wellness. Individuals are encouraged by their peers and staff to develop their functional

abilities and skills to become as independent as possible.

## Services include:

- Assessing the individual's basic needs and functional abilities
- Training, support, and supervising individuals with deficits in skills for activities of daily living;
- Developing and enhancing functional skills and behaviors;
- Educating individuals to use community resources;
- Teaching basic living skills and functional abilities;
- Monitoring of health, nutrition, physical conditions; Increasing socialization;
- Developing basic vocational skills leading to functional employment;
- Supporting the overall wellness of the individual receiving services.

Service Area(s)
Buchanan County
Email
info@cmcsb.com