## In Home Support Program, Intellectual Disabilities

Available 24/7 No **Documents Required** Call for details Other Eligibility Criteria Anyone who is over the age of 6, has a primary diagnosis of intellectual disability and lives in Hanover, Goochland or Powhatan County is eligible to receive services. Children under age 6 with significant delays may also qualify. Family No Intake Contact Email dleabough@co.goochland.va.us Intake Process Contact your Case Manager. If you do not have a Case Manager, call either the Goochland office at 804-556-5400 or the Powhatan office at 804-598-2200. Any clinician can discuss the services and take the request.

Intake Contact Telephone (804) 556-5400 **Provider Refer** Yes **Oualifications** Qualification Type Licensure Qualification Entity Virginia Department of Behavioral Health and Developmental Services **Oualification Number** 207-02-011 **Report Problems** Call the Agency **Residency Requirements** Serves residents of Goochland County. Self Refer Yes

Goochland Powhatan Community Services http://www.gpcsb.org Main (804) 556-5400 Toll-Free (804) 556-5403 Phone Emergency (804) 556-3716 3058 River Road West 23063 VA United States

Additional Availability Comments Call for hours Fee Structure Sliding Scale Fee

Call for Information Payment Method(s) Medicaid

Medicare Languages Spoken English

The In Home Support Program, a joint partnership between Goochland-Powhatan Community Services and Hanover Community Services, provides individual supports for people with intellectual disabilities living in the counties of Goochland, Powhatan and Hanover. Services are innovative, flexible and tailored to the needs of the individual.

The program provides one on one service to help individuals and their families so that the individuals to whom we provide services can stay in their own home rather than go to an institution or a more restrictive environment. The service each person receives is based on their needs, the number of hours approved by Medicaid and goals agreed on by the individual and their family. Our focus is to train individuals to be as independent as possible so that they can live as independently as possible. Some of the things we do fall into the following categories:

- Personal Care: we help individuals with bathing, tooth brushing, toileting, eating, hair care, etc
- Community Skills: we take people into the community to provide new experiences, build relationships in the community and be a part of the community at large through every day experiences and volunteer opportunities.
- Leisure Skills: We help people develop their interests and hobbies.
- Activities of Daily Living: this covers anything you would do in a day, for example, grocery shopping, housekeeping, cooking, laundry.
- Health Skills: we provide education around a healthy lifestyle to include diet, exercise, understanding medication, different aspects of a persons physical condition, stress and anger management, etc.
- Social Skills: through training goals, we encourage individuals to interact in their community so that they can see and learn by example appropriate ways to interact and socialize with others.

Service Area(s) Goochland County

Hanover County

Powhatan County Email gpcsinfo@goochlandva.us