

# **New Beginning, Mental Health and Substance Abuse**

Age Requirements

18 and over

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

Adults

Intake Contact

Program Coordinator

Intake Process

Call Alcohol and Drug Assessment and Referral Center at 703-359-7040, TTY 703-322-9080

Intake Contact Telephone

(703) 383-8500

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Behavioral Health and Developmental Services

Qualification Number

113-01-006

Report Problems

Call the Agency

Self Refer

Yes

Fairfax Falls Church Community Services Board

<http://www.fairfaxcounty.gov/csb>

<https://www.fairfaxcounty.gov/community-services-board/services/residential-tre...>

Main

(703) 849-1312  
Phone Emergency  
(703) 573-5679

4213 Walney Road  
21051 VA  
United States

Monday: 9:00 am-5:00 pm  
Tuesday: 9:00 am-5:00 pm  
Wednesday: 9:00 am-5:00 pm  
Thursday: 9:00 am-5:00 pm  
Friday: 9:00 am-5:00 pm  
Saturday: Closed  
Sunday: Closed

#### Additional Availability Comments

Emergency Services are available 24 hours a day, seven days per week.

#### Fee Structure

Sliding Scale Fee

#### Payment Method(s)

Cash only

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Cash or Check

,

Credit / Debit

,

Private Pay

,

Private Insurance

,

Medicaid

,

Medicare

#### Languages Spoken

English

A New Beginning, a program of the Fairfax-Falls Church Community Services Board, is a residential treatment program that provides rehabilitation services to adults with

substance use and co-occurring substance use and mental health disorders. The program provides a highly structured environment with a daily therapeutic schedule. Initial structure, rules and guidelines help an individual progress toward development of responsible, recovery oriented behaviors focused on healthy decision making, personal responsibility and ownership of the recovery process. Individuals are challenged to self-diagnose their substance use or co-occurring disorder and develop the coping skills and support systems needed to support ongoing recovery. Program participants are offered individual, group, and family counseling, psychiatric assessment as needed, medication monitoring, comprehensive case management, substance abuse education, acupuncture, bibliotherapy, and regular involvement in the 12 Step recovery communities. Sober recreation, stress reduction and exercise are also components of the program. The program addresses other core psychological issues which may impede recovery. These issues could include, but are not limited to, issues related to family of origin, relationships, trauma, identity and co-dependency.

Service Area(s)

Fairfax City

,

Fairfax County

,

Falls Church City