Mental Health Skill Building, Charlottesville

Age Requirements 18 and over Available 24/7 No **Documents Required** Call for details Other Eligibility Criteria Individuals must have had a history of at least one psychiatric hospitalization or other intensive treatment and demonstrate a clinical necessity for the service arising from a condition due to mental, behavioral, or emotional illness which results in significant functional impairments in major life activities. Family No Intake Process Call for an intake and assessment appointment. Intake Contact Telephone (434) 972-1800 **Provider Refer** Yes **Oualifications** Qualification Type Licensure **Qualification Entity** Virginia Department of Behavioral Health and Developmental Services **Qualification Number** 173 **Report Problems** Call the Agency **Residency Requirements** Serves residents of and people located in the city of Charlottesville and the counties of Albemarle, Fluvanna, Greene, Louisa and Nelson. Self Refer Yes **Region Ten Community Services Board**

http://regionten.org

http://regionten.org/service/intensive-services-team-supported-residential-serv...

Main (434) 972-1800 Toll-Free (866) 694-1605 Phone Emergency (434) 972-1800

Peterson Health Center 800 Preston Avenue 22903 VA United States

Monday: 8:00 am-6:00 pm Tuesday: 8:00 am-6:00 pm Wednesday: 8:00 am-6:00 pm Thursday: 8:00 am-6:00 pm Friday: 8:00 am-5:00 pm Saturday: Closed Sunday: Closed Additional Availability Comments Hours may vary Fee Structure Sliding Scale Fee

Call for Information Payment Method(s) Private Pay

Private Insurance

Medicaid

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Medicare Languages Spoken English

Call if translation is needed

Region Ten Community Services Board (RTCSB) Mental Health Skill Building Services (MHSS) are designed to help a person with serious behavioral health disorders understand their condition and establish personal recovery goals. Recipients learn and practice skills important to achieving psychiatric stability, independent living and becoming a productive member of the community. MHSS includes training in the following areas:

- skills related to the individual's health and safety, activities of daily living and use of community resources,
- assistance with medication management and monitoring health, nutrition and physical condition.

Service Area(s) Albemarle County , Charlottesville City

Fluvanna County

Greene County

Louisa County

Nelson County