YMCA, King George YMCA

Age Requirements No Age Requirement Available 24/7 No Intake Contact **Erin Reilley** Intake Contact Email ereilley@family-ymca.org **Intake Process** Please call or visit the website for more information. **Report Problems** Call the Agency Self Refer Yes Rappahannock Area YMCA https://www.family-ymca.org https://family-ymca.org/find-a-y/king-george/ https://www.facebook.com/RappAreaYMCA https://twitter.com/rappymca Main (540) 775-9622 10545 Kings Highway 22485 VA **United States** Monday: 5:00 am-2:00 pm, 3:00 am-9:00 pm Tuesday: 5:00 am-2:00 pm, 3:00 am-9:00 pm Wednesday: 5:00 am-2:00 pm, 3:00 am-9:00 pm Thursday: 5:00 am-2:00 pm, 3:00 am-9:00 pm Friday: 5:00 am-2:00 pm, 3:00 am-9:00 pm

Saturday: 7:00 am-1:00 pm, 2:00 am-6:00 pm

Sunday: 12:00 pm-4:00 pm

Fee Structure

Fee Range

Membership Fee Payment Method(s) Private Pay Languages Spoken English

King George Family Branch of the YMCA offers a variety of fitness and leisure programs for children, youth, adults, and seniors. Please call for more information.

The King George Facility is 50,000 square feet with a 25-meter pool; 2 court gymnasium; 5,000 square feet Wellness Center; Youth Wing; Group Fitness and Cycling Room. There is also a cafe with wi-fi for the members. The Wellness Center has over 30 pieces of cardio and weight machines for all abilities and ages.

FRED Express stops at the Y every hour. Check out Route K1 and Route K2.

Service Area(s) King George County