

## Transformational Life Coaching (Adolescents)

Age Requirements

No Age Requirement

Intake Contact Email

barry@attachmentandtrauma.com

Intake Process

Please call or complete contact form on the website for more information.

Self Refer

Yes

Attachment and Trauma Institute

<http://www.attachmentandtrauma.com/>

<https://www.attachmentandtrauma.com/our-services/mental-health-skill-building/>

Main

(804) 901-7911

4112 East Parham Road

23228 VA

United States

Monday: 8:30 am-4:30 pm

Tuesday: 8:30 am-4:30 pm

Wednesday: 8:30 am-4:30 pm

Thursday: 8:30 am-4:30 pm

Friday: 8:30 am-1:30 pm

Saturday: Closed

Sunday: Closed

Payment Method(s)

Private Pay

Languages Spoken

English

Transformational Life Coaching is provided to at-risk older adolescents that are "aging out" of foster care placements with no secure permanent family or a lasting support system of their own. Every Mental Health Support Counselor is trained as a "Life Coach" and can provide counseling services in the following areas: self-care;

money management; housing; transportation; work development; social relationships; daily living and home life.

Mental health support services can be offered for a period of 6 months and often longer if needed. Counselors work to establish a network of permanent support for each client with healthy relationships with family, community and social connections that will last long after therapeutic support services have ended.

Service Area(s)

Chesterfield County

,

Goochland County

,

Hanover County

,

Henrico County

,

King William County

,

Richmond City