

## Massage Therapy, Medical Massage

Age Requirements

No Age Requirement

Family

No

Intake Contact Email

mothermassage@embarqmail.com

Provider Refer

No

Self Refer

Yes

New Body Mind Spirit Center

<https://thenewbodymindspirit.com/>

<https://thenewbodymindspirit.com/charlottesville-massage-sevices/>

Main

(434) 294-5451

313 2nd Street SE Suite 211

22903 VA

United States

Additional Availability Comments

Massage and class by appointment only. Last minute appointments are often available.

Payment Method(s)

Private Pay

Languages Spoken

English

New Body Mind Spirit offers massage therapy to relieve sore muscles, relax a tired mind, and re-energize your body. 30-minute, 60-minute, and 90-minute massages are available.

Medical Massage, Pre and Post-Natal Massage, and Transpersonal Massage are available.

Service Area(s)

Albemarle County

,

Charlottesville City

Email

[sendingstarlight@gmail.com](mailto:sendingstarlight@gmail.com)