

## Mobility Options

To accommodate riders, we offer:

Voice announcements

Age Requirements

60+

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

Mobility Options provides services for eligible persons of any age with a physical, developmental, or intellectual disability, or persons that are sixty (60) years of age or older.

Family

No

Intake Process

Call to apply for services. Request rides as early as possible, but no more than 30 days in advance, and no less than seven days in advance. Requests made with less than seven days' notice may not be able to be accommodated. If there is no availability for the day and time requested, riders may be offered alternative days or times, or alternative means of transportation. Ride Request Call Hours are Monday-Friday, 9:00 am – 2:00 pm.

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Healthy Generations Area Agency on Aging

<https://healthygenerations.org>

<https://healthygenerations.org/our-services/>

<https://www.facebook.com/RappahannockAreaAgencyonAging/>

Main

(540) 371-3375

Toll-Free

(800) 627-2892

460 Lendall Lane  
22405 VA  
United States

#### Additional Availability Comments

Ride request call hours are Monday through Friday from 9 am until 2 pm. Service hours are Monday through Friday 5 am until 5 pm.

#### Fee Structure

Fixed Fee

#### Payment Method(s)

Private Pay

#### Languages Spoken

English

Mobility Options is a state grant funded program through the Healthy Generations Area Agency on Aging which provides Transportation Counseling, Travel Training, and Personalized Transportation services for the residents of Planning District 16. View [Mobility Transportation Guide](#)

Mobility Options provides between two to three trips a month for an individual on a first come first serve basis. Special considerations are made for trip requests to places of employment, training, or education

Mobility Options can be used by persons of any age with a disability for:

- medical appointments;
- non-emergency medical;
- picking up prescriptions;
- social or personal event;
- therapy appointments; or
- essential shopping trips.

Mobility Options provides information and referral services in regards to public, private, and volunteer transportation services available in the community. Travel Training is also available in coordination with FREDericksburg Regional Transit. Additionally, Healthy Generations may be able to provide limited door-to-service, if available. Transportation needs assessment and advanced reservations are

required. For more information, please call (540) 656-2985.

For information on other transportation resources please see the [PD16 Senior Transportation Resources Guide](#)

Service Area(s)

Caroline County

,

Fredericksburg City

,

King George County

,

Spotsylvania County

,

Stafford County