

Social 60+ Cafes (Congregate Meals)

Age Requirements

60+

Available 24/7

No

Documents Required

Call for details

Family

No

Intake Process

Call for information.

Self Refer

Yes

Arlington Aging and Disability Services

<https://www.arlingtonva.us/Government/Departments/DHS/Aging-Disability>

Main

(703) 228-4744

TTY/TTD

(703) 228-1788

2100 Washington Boulevard, 4th Floor

22204 VA

United States

Monday: 8:00 am-5:00 pm

Tuesday: 8:00 am-5:00 pm

Wednesday: 8:00 am-5:00 pm

Thursday: 8:00 am-5:00 pm

Friday: 8:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Languages Spoken

English

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Spanish

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Language Line available

Senior Centers with congregate meals provide a range of programs for socialization in addition to hot, nutritious meals to adults age 60 and over. Transportation may be available for people who would otherwise not be able to attend. Monetary donations for meals and transportation are encouraged.

Arlington has three Senior Centers that offer lunches Monday through Friday: Langston-Brown, Arlington Mill, and Walter Reed Senior Centers. These services are federally subsidized, with voluntary contributions by participants. Contact the Senior Centers to learn more.

Service Area(s)

Arlington County

Email

arlaaa@arlingtonva.us