

## Options Counseling

Age Requirements

No Age Requirement

Family

No

Intake Contact Email

vail@govail.org

Intake Process

call the office

Provider Refer

Yes

Self Refer

Yes

Valley Associates for Independent Living, Inc. (VAIL)

<https://www.govail.org>

Main

(540) 433-6513

Toll-Free

(888) 242-8245

TTY/TTD

(540) 438-9265

3210 Peoples Drive Suite 220

22801 VA

United States

Fee Structure

Fee Range

Languages Spoken

English

,

Spanish

Valley Associates for Independent Living (VAIL) provides Options Counseling.

Options Counseling is an interactive decision-support process whereby individuals,

with support from family members, caregivers, and /or significant others, are supported in their deliberations to make informed long-term support choices in the context of the individual's preferences, strengths, needed services, values, and individual circumstances.

Service Area(s)

Augusta County

,

Bath County

,

Buena Vista City

,

Harrisonburg City

,

Highland County

,

Lexington City

,

Rockbridge County

,

Rockingham County

,

Staunton City

,

Waynesboro City

Email

[vail@govail.org](mailto:vail@govail.org)