## **Options Counseling**

Age Requirements 0-5 , 6-12 , 13-21 , 22-55 56-60 , 60 +Family No Intake Contact Email jmiller@meoc.org **Provider Refer** Yes Self Refer Yes Mountain Empire Older Citizens, Inc. (MEOC) http://www.meoc.org https://www.facebook.com/mountainempireoldercitizens/ https://twitter.com/VAMEOC Main (276) 523-4202 **Toll-Free** (800) 252-6362 1501 3rd Avenue E. 24219 VA **United States** Languages Spoken English

Mountain Empire Older Citizens, Inc. offers Options Counseling. This is an interactive decision-support process whereby individuals, with support from family members, caregivers, and /or significant others, are supported in their deliberations to make informed long-term support choices in the context of the individual's preferences, strengths, needs, values, and individual circumstances.

Office is open Monday-Friday 8 AM to 5:30 PM

Service Area(s) Lee County

Norton City

Scott County

Wise County Email brandi.barnette@meoc.org