## **Wellness Recovery Center, Behavioral Health**

Age Requirements 18 and over Available 24/7 Yes **Documents Required** Call for details Other Eligibility Criteria Serves adults experiencing an acute behavioral health crisis Family No **Intake Process** Call for an intake and assessment appointment 24 hours per day, every day. Intake Contact Telephone (434) 972-1800 Provider Refer Yes Qualifications Qualification Type Licensure **Qualification Entity** Virginia Department of Behavioral Health and Developmental Services (DBHDS) **Oualification Number** 173 Report Problems Call the Agency Residency Requirements Serves residents of and people located in the city of Charlottesville and the counties of Albemarle, Fluvanna, Greene, Louisa and Nelson. Self Refer Yes Region Ten Community Services Board http://regionten.org

http://regionten.org/service/wellness-recovery-center

Main

(434) 972-1800 Toll-Free (866) 694-1605 **Phone Emergency** (434) 972-1800

Wellness Recovery Center 504 Old Lynchburg Road 22903 VA **United States** 

Additional Availability Comments

Emergency Services are available 24 hours per day, 365 days per year.

Fee Structure

Sliding Scale Fee

Call for Information Payment Method(s) Private Pay

Private Insurance

Medicaid

Medicare

Languages Spoken

English

Call if translation is needed

Region Ten Community Services Board's (RTCSB) Wellness Recovery Center is a 16 bed, short term, residential crisis stabilization program for adults experiencing an acute behavioral health crisis. The program is staffed by a multi-disciplinary team who provide person centered, recovery based support in a homelike environment.

This program's 24 hour, seven days per week service serves adults experiencing a behavioral health crisis that may put them at risk of hospitalization, becoming homeless or becoming isolated from social supports. Wellness Recovery Center offers skill development related to maintaining personal safety, recovery, understanding the influence of substance use on behavioral health and Dialectical Behavioral Therapy (DBT) skills including mindfulness, emotional regulation, distress tolerance and interpersonal effectiveness.

Service Area(s)
Albemarle County
,
Charlottesville City
,
Fluvanna County
,
Greene County
,
Louisa County
,
Nelson County