

## Senior Activities, Forever Young

Age Requirements

56-60

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60+

Other Eligibility Criteria

Senior activities for adults generally 50 and over

Family

No

Provider Refer

Yes

Self Refer

Yes

Goochland County Parks and Recreation Center

<http://www.goochlandva.us/236/Parks-Recreation>

Main

(804) 556-5854

1800 Sandy Hook Rd.

P O Box 910

23063 VA

United States

Additional Availability Comments

Monday-Friday 8:30am-5pm

Languages Spoken

English

Goochland County Parks and Recreation Department offers activities for seniors. Call for information about Senior Fall Festival Lunch, Senior Club House, Stretch & Flex class, Pickleball, Lovely Ladies Tea, Forever Young and more.

Service Area(s)

Goochland County