

## Inpatient Rehabilitation for Substance Abuse

Age Requirements

18 and over

Available 24/7

Yes

Intake Contact Email

Intake Team

Intake Process

Call (888) 258-1712 to speak with someone about admissions, 24 hours a day, seven days a week.

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

Report Problems

Call the Agency

Self Refer

Yes

Mount Regis Center

<https://www.mtregis.com/>

<https://www.mtregis.com/programs/residential/>

<https://www.facebook.com/mount.regis.center>

Main

(888) 258-1712

Toll-Free

(888) 258-1712

125 Knotbreak Road

24153 VA

United States

Fee Structure

Fee Range

Payment Method(s)

Private Pay

,

Private Insurance

Languages Spoken

English

Each person in the Mount Regis inpatient drug and alcohol rehabilitation program has an individualized addiction recovery plan. This may include all or some of the following: Group therapy, addiction education, individual therapy, group process, family therapy, and twelve-steps. Certified addiction counselors, nurses, and physicians conduct drug and alcohol recovery therapy sessions. The staff nutritionist can work with you on an individual basis. A fitness class at a local gym 3 times per week may also be part of the holistic approach to recovery from addiction – mind, body, and spirit. The recovery program will help with:

- Dealing with Grief/Loss
- Learning Personal Effectiveness
- Drug and/or Alcohol Relapse Prevention
- Co-dependency
- Stress Management
- Emotional Management
- Conflict Resolution
- Impact of Drugs and/or Alcohol on Mind & Body

Service Area(s)

Bedford County

,

Botetourt County

,

Craig County

,

Roanoke City

,

Roanoke County

,

Salem City

Email

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