

## **Veteran Peer Specialist, Virginia Veteran and Family Support**

Age Requirements

No Age Requirement

Available 24/7

No

Documents Required

Call for details

Family

No

Intake Contact Email

carol.berg@dvs.virginia.gov

Intake Process

Call for an assessment.

Intake Contact Telephone

(757) 756-5600

Provider Refer

Yes

Report Problems

Call the Agency

Residency Requirements

Serves residents of Norfolk City.

Self Refer

Yes

Norfolk Community Services Board

<https://www.norfolk.gov/996/Norfolk-Community-Services-Board>

Main

(757) 756-5600

Phone Emergency

(757) 664-7690

TTY/TTD

(757) 441-1701

7447 Central Business Park Drive  
23513 VA  
United States

Monday: 8:00 am-5:00 pm

Tuesday: 8:00 am-5:00 pm

Wednesday: 8:00 am-5:00 pm

Thursday: 8:00 am-5:00 pm

Friday: 8:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Call center hours are Monday through Friday. Emergency services are available 24 hours per day, every day. Office hours are Monday, Tuesday, Wednesday and Friday from 8:30 am through 4:00 pm.

Fee Structure

Sliding Scale Fee

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Call for Information

Languages Spoken

English

A Veteran Peer Specialist is a person with a mental health or co-occurring condition, actively engaged in his or her own recovery, who has been trained and certified to help others with these conditions, identify and achieve specific life and recovery goals.

Peer Specialists serve as role models by sharing their personal recovery stories, showing that recovery from mental illness is possible. They teach goal setting, problem solving, symptom management skills and a variety of recovery tools. They empower by helping others identify their strengths, supports, resources and skills. They advocate by working to eliminate the stigma of mental illness and act as community liaisons by identifying social supports in the community and encouraging the expansion of local community resources.

Service Area(s)

Norfolk City