## **Outpatient Mental Health Services**

Age Requirements 0-5 , 6-12 , 13-21 22-55 56-60 , 60+ Family No Intake Contact Email tpsvb@tpsvb.com Self Refer Yes Tidewater Psychotherapy Services http://www.tpsvb.com/ Main (757) 497-3670 256 North Witchduck Road 23462 VA United States Payment Method(s) Private Pay , Private Insurance Languages Spoken English

Tidewater Psychotherapy Services is a multidisciplinary mental health practice where child and adult psychologists, social workers, adult psychiatrists and licensed professional counselors provide a wide range of services to individuals, families and groups. Treatment is provided for patients of all ages, and services include individual, family and marital therapy, medication management, and groups in specialty areas such as substance abuse.

The Tidewater Psychotherapy Services' therapists clinical orientations for addressing personal and mental health problems include: Cognitive Behavioral, Psychodynamic, Family systems, Existential and Humanistic models.

Service Area(s) Chesapeake City

Norfolk City

Portsmouth City

Virginia Beach City