

## Support Groups, Mental Health

Age Requirements

18 and over

Family

No

Intake Process

Visit the website for information. Call the office.

Provider Refer

No

Report Problems

Call the Agency

Self Refer

Yes

National Alliance on Mental Illness (NAMI) Northern Virginia

<https://www.NAMI-NorthernVirginia.org>

<https://www.nami.org/support-education/>

Main

(571) 458-7310

P.O. Box 480

22124 VA

United States

Fee Structure

No Fee

Languages Spoken

English

NAMI Northern Virginia offers several virtual support groups, including Family Support Groups, and NAMI Connection Peer Recovery Supports.

For more accurate support group meeting information and schedules, please visit the [NAMI-NOVA Calendar](#)

Service Area(s)

Alexandria City

,

Arlington County

,

Fairfax City

,

Fairfax County

,

Falls Church City

,

Loudoun County

Email

[info@nami-nova.org](mailto:info@nami-nova.org)