

# Family to Family Education Program, Behavioral Health, Prince William County

Age Requirements

No Age Requirement

Family

No

Intake Contact Email

info@nami-pw.org

Intake Process

Please call or email for more information

Intake Contact Telephone

(703) 659-9983

National Alliance on Mental Illness Prince William (NAMI PW)

<http://www.nami-pw.org>

<https://nami-pw.org/programs/family/>

Main

(703) 659-9983

Toll-Free

(800) 950-6264

P.O. Box 1423

22195 VA

United States

Monday: 9:00 am-5:00 pm

Tuesday: 9:00 am-5:00 pm

Wednesday: 9:00 am-5:00 pm

Thursday: 9:00 am-5:00 pm

Friday: 9:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Monday-Friday 9:00 am - 5:00 pm

Languages Spoken

English

The NAMI Family-to-Family Education Program is a free, 12-week course for family caregivers of individuals with severe behavioral health disorders. The course is taught by trained family members. All instruction and course materials are free to class participants. The course includes:

- Current information about schizophrenia, major depression, bipolar disorder (manic depression), panic disorder, obsessive-compulsive disorder, borderline personality disorder, and co-occurring brain disorders and addictive disorders;
- Up-to-date information about medications, side effects, and strategies for medication adherence;
- Current research related to the biology of brain disorders and the evidence-based, most effective treatments to promote recovery;
- Gaining empathy by understanding the subjective, lived experience of a person with a behavioral health;
- Acquiring strategies for handling crises and relapse.

Visit [Find a Support Group](#) for other times

Service Area(s)

Manassas City

,

Manassas Park City

,

Prince William County

Email

[info@nami-pw.org](mailto:info@nami-pw.org)