

## Fitness

Age Requirements

No Age Requirement

Family

No

Intake Process

Visit the website, call the office.

Provider Refer

Yes

Self Refer

Yes

Hopewell Recreation and Parks

<https://www.hopewellrecandparks.com/>

<https://www.facebook.com/hopewellrecandparks>

Main

(804) 541-2353

100 West City Point Rd

23860 VA

United States

Payment Method(s)

Private Pay

Languages Spoken

English

The Hopewell Department of Recreation and Parks seeks to enrich lives of residents of Hopewell by offering a variety of fitness classes and activities that include Water Aerobics, Open Gym, Pickleball, Open Gym, Basketball, Table Tennis, Fitness Warriors, Open Pool Lap Swimming and more.

Visit the website for activities and events, including aquatic programs, athletics, playgrounds, swimming pools and senior activities. Classes and activities can be found at [Spring/Summer Guide](#)

Open spaces and accessibility facility.

Service Area(s)

Hopewell City

Email

[recandparks@hopewellva.gov](mailto:recandparks@hopewellva.gov)