

## Respite Care Support

Age Requirements

18 and over

Intake Contact Email

info@ALSinfo.org

Self Refer

Yes

ALS Association, DC/MD/VA Chapter

<https://www.als.org/dc-md-va>

<http://www.alsa.org/als-care/resources/fyi/respite.html>

<https://www.facebook.com/ALSoFDCMDVA>

<https://twitter.com/ALSoFdcMdVa>

Main

(301) 978-9855

Toll-Free

(866) 348-3257

1275 K Street NW

Suite 250

20005 DC

United States

Languages Spoken

English

Being a family caregiver, while a fulfilling role, can consume a great deal of physical, mental and emotional energy. Consequently, respite care is very important because it gives family caregivers of persons with ALS an opportunity to create a plan of care for themselves; something a caregiver often overlooks.

For additional information and tips on how to select a respite care provider, contact our chapter at (301) 978-9855 or the National Office of The ALS Association at 1-800-782-4747, or at [alsinfo@alsa-national.org](mailto:alsinfo@alsa-national.org).

Service Area(s)

Nationwide

Email

[info@alsinfo.org](mailto:info@alsinfo.org)