

## Mental Health Skill Building Services

Age Requirements

18 and over

Available 24/7

No

Other Eligibility Criteria

Adults with mental issues. Call for complete eligibility criteria.

Intake Contact Email

MHSS@humankind.org

Intake Process

Call the office for information.

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

Self Refer

Yes

HumanKind

<https://www.humankind.org/about-us/facilities-locations/lynchburg/>

<https://humankind.org/services/mental-health-services/mental-health-skill-build...>

<https://www.facebook.com/HumanKindVA/>

@HumanKindVA

Main

(434) 455-3628

Presbyterian Homes Campus

150 Linden Avenue

24503 VA

United States

Monday: 9:00 am-5:00 pm

Tuesday: 9:00 am-5:00 pm

Wednesday: 9:00 am-5:00 pm

Thursday: 9:00 am-5:00 pm

Friday: 9:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Fee Range

Payment Method(s)

Medicaid

Languages Spoken

English

HumanKind offers a Mental Health Skill Building Service (MHSS) to address the needs of individuals who are experiencing difficulty functioning in their daily lives. Professionals provide rehabilitative services that seek to increase an individual's overall stability in the least restrictive and appropriate environment.

MHSS provides a multitude of interventions designed to help individuals live a more independent lifestyle by improving their overall functioning. Assistance with the following can be provided:

- Budgeting and financial skills
- Basic employment skills
- Social skills
- Household management
- Coping skills
- Anger and stress management
- Effective communication and decision making

Call 434-455-3628 to see how we can serve your needs.

At HumanKind, we have five focus areas:

Safe & Healthy Living--Our programs empower families to become healthy and successful. Parents learn necessary skills to prevent child abuse and neglect, to be happy and more self-sufficient and to build a bright future.

- Family Partnership
- Parenting Classes

- Life Skills for Youth
- Life Skills for Adults
- Permanent Supportive Housing

Residential Care--With group homes across Virginia, more than 70 adults with intellectual disabilities are leading productive and meaningful lives in our care. We also provide safe and loving foster homes for children with identified emotional or behavioral challenges.

- Adult Supervised Living
- Adult Group Homes
- Adult Sponsored Homes
- Therapeutic Foster Care for Children

Early Childhood Development--Our programs are helping children thrive today while preparing them for success tomorrow.

- Child Care Resource Center
- Family-Education Partnership
- Healthy Families
- Little Wings Preschool

Mental Health Services--Programs under the Mental Health Services umbrella help children, teens, and adults overcome emotional and psychological challenges while keeping families together.

- Counseling Center

- Family Coaching
- Intensive In-Home Service
- Mental Health Skill-Building

Economic Empowerment--Our programs help people reduce debt, repair credit, establish financial stability, increase self-sufficiency and advance career and educational opportunities.

- Ways to Work
- Financial Opportunity Center (FOC)

Service Area(s)

Amherst County

,

Appomattox County

,

Bedford County

,

Campbell County

,

Lynchburg City

Email

[info@humankind.org](mailto:info@humankind.org)