

## Individual Therapy, Charlottesville

Age Requirements

18 and over

Available 24/7

No

Documents Required

Call for details

Family

No

Intake Process

Call for an intake and assessment appointment.

Intake Contact Telephone

(434) 972-1800

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

Qualification Number

173

Report Problems

Call the Agency

Residency Requirements

Serves residents of and people located in the city of Charlottesville and the counties of Albemarle, Fluvanna, Greene, Louisa and Nelson.

Self Refer

Yes

Region Ten Community Services Board

<http://regionten.org>

<http://regionten.org/service/individual-therapy>

Main

(434) 972-1800

Toll-Free

(866) 694-1605  
Phone Emergency  
(434) 972-1800

Peterson Health Center  
800 Preston Avenue  
22903 VA  
United States

Monday: 8:00 am-6:00 pm  
Tuesday: 8:00 am-6:00 pm  
Wednesday: 8:00 am-6:00 pm  
Thursday: 8:00 am-6:00 pm  
Friday: 8:00 am-5:00 pm  
Saturday: Closed  
Sunday: Closed

#### Additional Availability Comments

Emergency Services are available 24 hours per day, 365 days per year.

#### Fee Structure

Sliding Scale Fee

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Call for Information

Payment Method(s)

Private Pay

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Private Insurance

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Medicaid

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Medicare

Languages Spoken

English

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Call if translation is needed

Region Ten Community Services Board's Individual Therapy is provided in 10 to 12 sessions with a licensed and credentialed therapist. Clear and achievable short term goals are developed and are the focus of treatment.

Service Area(s)  
Charlottesville City