

## Rising Tides, Developmental Disabilities

### Age Requirements

18 and over

Available 24/7

No

### Documents Required

Call for details

### Other Eligibility Criteria

Serves adults with a diagnosis of developmental disability and a serious behavioral health disorder.

### Intake Process

Call for an intake and assessment appointment. Referrals to this program are made through the Developmental Services Case Management office.

### Intake Contact Telephone

(757) 385-0600

### Provider Refer

Yes

### Qualifications

#### Qualification Type

Licensure

#### Qualification Entity

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

#### Qualification Number

261

### Report Problems

Call the Agency

### Residency Requirements

Serves residents of and people located in the City of Virginia Beach.

### Self Refer

Yes

Virginia Beach Community Services Board

<https://www.vbgov.com/government/departments/human-services/Pages/default.aspx>

<https://www.vbgov.com/government/departments/human-services/developmental-servi...>

Main

(757) 385-0600

Phone Emergency

(757) 385-0888

Pembroke 6

297 Independence Boulevard

Suite 218

23462 VA

United States

Additional Availability Comments

Crisis Emergency Services are available 24 hours per day, 365 days per year.

Fee Structure

Call for Information

Languages Spoken

English

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Call if translation is needed

At Virginia Beach Community Services Board, Rising Tides is a psychosocial rehabilitative day program is provided to adult residents eighteen years or older that reside in Virginia Beach, have Medicaid and have a diagnosis of developmental disability and a diagnosis of serious behavioral health disorder (SMI). The program promotes self-sufficiency and prevents hospitalization. Activities include psycho-educational and skill development activities. The program offers a variety of groups and activities including:

- Structured groups about behavioral health disorders,
- Symptoms coping skills,
- Relapse prevention skills,
- General health, exercise and nutrition skills,
- Medication monitoring,
- Skill building in activities of daily living,
- Therapeutic and recreational opportunities.

The program provides activities three (3) days a week at the SkillQuest services location.

Service Area(s)

Virginia Beach City

Email

[VB311@vbgov.com](mailto:VB311@vbgov.com)