

## Crisis Line for Veterans

Age Requirements

No Age Requirement

Available 24/7

Yes

Family

No

Intake Process

Call the Crisis line at 988, Press 1, send a text to 988, or use the Veterans Chat to get online support anonymously on the website.

Intake Contact Telephone

988

Provider Refer

Yes

Self Refer

Yes

Veterans Crisis Line

<https://988lifeline.org/help-yourself/veterans/>

Main

988

TTY/TTD

(800) 799-4889

(Online and Telephone Only)

20002 DC

United States

Fee Structure

No Fee

Languages Spoken

English

Veterans Crisis Line offers a toll-free crisis line for Veterans. There are several ways to get help: text to 988, [confidential chat online](#), or call 988, press 1.

Responders at the Veterans Crisis Line are specially trained and experienced in helping Veterans of all ages and circumstances. Some of the responders are Veterans themselves. The Veterans Crisis Line offers anonymous online chat services and in November 2011, a text-messaging service was added to provide another way for Veterans to connect with confidential, round-the-clock support.

Take a [Veterans Self-Check Quiz](#) A VA Chat Responder will review it and leave a personal response, usually within 10-20 minutes. You will not be asked to provide your name or any other information that identifies you. You will be assigned a unique identifying number called a "Reference Code".

Service Area(s)

Nationwide