

## Therapy Horses

Age Requirements

18 and over

Other Eligibility Criteria

Age depends on program

Family

Yes

Intake Contact Email

info@projecthorse.org

Intake Process

Contact our Administration office at 703-517-6964 to learn more information about the program. Complete application.

Provider Refer

Yes

Self Refer

Yes

Project Horse

<http://www.projecthorse.org/>

<https://www.facebook.com/projecthorse/>

Main

(703) 517-6964

Project Horse Empowerment Center

20015 Great Falls Forest Drive

22066 VA

United States

Fee Structure

Call for Information

Payment Method(s)

Private Pay

Languages Spoken

English

In partnership with therapists and counselors, Project Horse provides custom equine assisted therapy services to individuals, families and couples. No prior horse experience is necessary, and the sessions do not include any riding. Activities and interactions occur "on the ground" where the benefit of the horse as therapist-partner is most powerful. Unhealthy patterns and behaviors are uncovered in the paddock, and new skills and thoughts can be put into practice in a safe, nurturing environment. The horses provide thought-provoking, instant feedback, and are always "in the moment".

Under the Warrior Herd program, veterans can connect with therapy horses in a relaxing kpastoral setting. This is an opportunity for veterans to engage in post traumatic growth and personal development through a variety of fun non-riding activities with the horses. Family members can be included if desired.

Service Area(s)

Statewide

Email

[info@projecthorse.org](mailto:info@projecthorse.org)