

## Mental Health Outpatient Services, Russell

Age Requirements

18 and over

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

Serves adults presenting a need for short-term therapy and who do not, upon completion of the screening process, meet the criteria for long-term mental health or substance use disorder services.

Intake Contact Email

info@cmcsb.com

Intake Process

Call for an assessment. For after hours emergencies, 24 hours per day, every day, call 800-286-0586.

Intake Contact Telephone

(276) 964-6702

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

Qualification Number

093

Report Problems

Call the Agency

Residency Requirements

Serves residents of Russell County.

Self Refer

Yes

Cumberland Mountain Community Services Board

<https://www.cmcsb.com>

<http://cmcsb.com/mentalhealth.html>

Main

(276) 889-3785

Toll-Free

(800) 286-0586

Phone Emergency

(276) 964-6702

TTY/TTD

(800) 347-4939

78 Rogers Street

24266 VA

United States

Monday: 8:30 am-4:30 pm

Tuesday: 8:30 am-4:30 pm

Wednesday: 8:30 am-4:30 pm

Thursday: 8:30 am-4:30 pm

Friday: 8:30 am-4:30 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Crisis services are available 24 hours per day, every day.

Fee Structure

Sliding Scale Fee

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Call for Information

Languages Spoken

English

Cumberland Mountain Community Services Board (CMCSB) offers Mental Health Outpatient Services (Evening Counseling Services). The program provides services to adults presenting with a need for short-term therapy and who do not, upon completion of the screening process, meet the criteria for long-term mental health or substance use disorder services. The goal of the program is to provide educational or licensing opportunities for graduates from accredited human service graduate programs (MSW, MS, M.Ed., et cetera) via practice as residents under the supervision of other CMCSB licensed professionals. Services may be provided

through satellite offices in Lebanon, Grundy, and Tazewell.

The activities of the Mental Health Outpatient Services (Evening Counseling Services) program include:

- screening, assessment for brief therapy needs,
- solution focused, person-centered, cognitive and behavioral therapies;
- individual, group and/or family therapy;
- development of the Individual Service Plan.

Services are provided by residents in counseling or social work and services are provided free of charge. Supervision of the residents is carried out according to the Department of Health Professions guidelines for the Boards of Counseling and Social Work.

Service Area(s)

Russell County

Email

[info@cmcsb.com](mailto:info@cmcsb.com)