

## One-to-One Health Assessments

Age Requirements

No Age Requirement

Intake Process

To schedule an appointment, please call 703.558.6740.

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Virginia Hospital Center (VHC Health)

<https://www.vhchealth.org/>

<https://www.vhchealth.org/classes-events/one-to-one-health-assessments/>

Main

(703) 558-6740

1701 North George Mason Drive

22205 VA

United States

Fee Structure

Fixed Fee

Payment Method(s)

Private Pay

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Private Insurance

Languages Spoken

English

Virginia Hospital Center offers a variety of health screenings

- A1C Diabetes: \$25  
Cornelia Lesh, Manager of Community Health at Virginia Hospital Center (Finger-stick blood screening for diabetes)

- Body Fat Analysis: \$15 (Assess your percentage of fat, muscle and water using Futrex machine)
- Bone Density: \$35 (Osteoporosis risk assessment using ultrasound of heel bone)
- Cholesterol: \$25 (Finger-stick blood test determines total cholesterol, HDL, LDL, triglycerides and glucose)
- Dermascan: \$10 (A non-invasive, black-light scanning device examines the head and neck for potential or existing sun damage)
- Hypothyroidism: \$35 (Finger-stick blood test to assess thyroid function. Results mailed)
- Hemoglobin: \$15 (Finger-stick blood test. Results mailed)
- Vitamin D: \$50 (Finger-stick blood test. Results mailed)
- Resting Metabolic Rate: \$55 (Measures the number of calories you burn at rest)

Service Area(s)

Alexandria City

,

Arlington County

,

Fairfax City

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Fairfax County

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Falls Church City