

## Individual Therapy, Nelson County

Age Requirements

No Age Requirement

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

Serves individuals who need behavioral health, substance use, developmental disability, prevention and early intervention services.

Intake Process

Call for an intake and assessment appointment.

Intake Contact Telephone

(434) 263-4889

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

Qualification Number

173

Report Problems

Call the Agency

Residency Requirements

Serves residents of and people located Nelson County.

Self Refer

Yes

Region Ten Community Services Board

<http://regionten.org>

<http://regionten.org/service/individual-therapy>

Main

(434) 263-4889

Toll-Free

(866) 694-1605  
Phone Emergency  
(434) 972-1800

Nelson Counseling Center  
71 Tanbark Plaza  
22949 VA  
United States

Monday: 8:00 am-6:00 pm  
Tuesday: 8:00 am-6:00 pm  
Wednesday: 8:00 am-6:00 pm  
Thursday: 8:00 am-6:00 pm  
Friday: 8:00 am-5:00 pm  
Saturday: Closed  
Sunday: Closed

#### Additional Availability Comments

Emergency Services are available 24 hours per day, 365 days per year.

#### Fee Structure

Sliding Scale Fee

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Call for Information

Payment Method(s)

Private Pay

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Private Insurance

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Medicaid

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Medicare

Languages Spoken

English

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Call if translation is needed

Region Ten Community Services Board's Individual Therapy is provided in 10 to 12 sessions with a licensed and credentialed therapist. Clear and achievable short term goals are developed and are the focus of treatment.

Service Area(s)  
Nelson County