

## **Mental Health Skill Building, Crozet**

### Age Requirements

18 and over

Available 24/7

No

### Documents Required

Call for details

### Other Eligibility Criteria

Individuals must have had a history of at least one psychiatric hospitalization or other intensive treatment and demonstrate a clinical necessity for the service arising from a condition due to mental, behavioral, or emotional illness which results in significant functional impairments in major life activities.

### Intake Process

Call for an intake and assessment appointment.

### Intake Contact Telephone

(434) 972-1800

### Provider Refer

Yes

### Qualifications

#### Qualification Type

#### Licensure

#### Qualification Entity

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

#### Qualification Number

173

### Report Problems

Call the Agency

### Residency Requirements

Serves residents of and people located in Albemarle County.

### Self Refer

Yes

Region Ten Community Services Board

<http://regionten.org>

<http://regionten.org/service/intensive-services-team-supported-residential-serv...>

Main

(434) 972-1800

Toll-Free

(866) 694-1605

Phone Emergency

(434) 972-1800

1205 Crozet Avenue

22940 VA

United States

Monday: 8:00 am-6:00 pm

Tuesday: 8:00 am-6:00 pm

Wednesday: 8:00 am-6:00 pm

Thursday: 8:00 am-6:00 pm

Friday: 8:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Emergency Services are available 24 hours per day, 365 days per year.

Fee Structure

Sliding Scale Fee

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Call for Information

Payment Method(s)

Private Pay

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Private Insurance

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Medicaid

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Medicare

Languages Spoken

English

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Call if translation is needed

Region Ten Community Services Board (RTCSB) Mental Health Skill Building Services (MHSS) are designed to help a person with serious behavioral health disorders

understand their condition and establish personal recovery goals. Recipients learn and practice skills important to achieving psychiatric stability, independent living and becoming a productive member of the community. MHSS includes training in the following areas:

- skills related to the individual's health and safety, activities of daily living and use of community resources,
- assistance with medication management and monitoring health, nutrition and physical condition.

Service Area(s)

Albemarle County